OVERVIEW

The Counseling & Clinical Psychology Specialization prepares students for employment, careers and graduate study in the field of Psychology as a helping profession. In this program, you will learn about a wide range of psychological difficulties, as well as the theories psychologists use to understand them, the research methods used to study them, and the techniques used for helping people who struggle with them. You will have opportunities to conduct clinically-relevant research and to develop your knowledge and practical skills with field-work experiences in mental health settings. If you are considering graduate studies in the helping professions or a career as a counselor, therapist, social worker, or practicing psychologist, this Specialization is for you.

For more information about this Specialization, contact the Counseling & Clinical Coordinator (Dr. Arthur Hohmuth, hohmuth@tcnj.edu) or any of the affiliated faculty listed below.

COURSEWORK FOR THE COUNSELING AND CLINICAL SPECIALIZATION

Core Courses:  
PSY 101 - General Psychology  
PSY 121 - Methods & Tools  
PSY 203 - Design & Statistical Analysis  
PSY 299 - Research Seminar*  
*Any research seminar (PSY 299) fulfills this requirement, although we recommend a seminar focused on a topic related to Counseling and Clinical Psychology.

Foundation Course:  
PSY 216 – Personality Theory and Research; PSY 217 – Abnormal Psychology; Students choose one additional Foundation course.

Specialized Courses:  
Students select 3 300-level Psychology courses. A list of recommended courses appears on the Counseling and Clinical Specialization web page. The required field placement (PSY383 or PSY399; see below) will typically be taken as one of the 3 required Specialized courses.

Psychology Option:  
Students select 1 course; recommended at the 300 or 400 level.

Senior Experience:  
Students select 1 Senior Experience (400-level) course: Senior Topics Study Group, Senior Honors Thesis II, Senior Individual Study; Senior Collaborative Research, or Senior Internship, .

Additional Requirements in order to complete the Counseling and Clinical Specialization:

A field placement is a required aspect of this Specialization. This requirement can be met through PSY 383 (Counseling and Clinical Field Study Seminar) or through PSY 399 or 499 (Internship or Senior Internship).
FACULTY AFFILIATED with the COUNSELING AND CLINICAL SPECIALIZATION

Dr. Ashley Borders (Office: SB 138; Phone: 609-771-2291; E-mail: borders@tcnj.edu)
Courses: Abnormal Psychology, Introduction to Clinical Psychology
Research interests: The causes and consequences of rumination, Causes of aggressive behavior, Potential of mindfulness to counteract rumination and aggression.

Lab: Clinical Outcomes and Processes Lab

Dr. He Len Chung (Office: SB 114; Phone: 609-771-2646; E-mail: chung@tcnj.edu)
Courses: Methods & Tools of Psychology, Abnormal Psychology, Mental Health and Poverty, Psychosocial Interventions for Children and Adolescents, Collaborative Research.
Research Interests: Positive youth development, Resilience during the transition to adulthood, community-based research, and mental health services utilization.

Lab: Research on Emerging Adulthood and Community Health (REACH) (http://www.tcnj.edu/~reach/)

Dr. Ruth Hall: (Office: SB 107; Phone: 609-771-2643; E-mail: ruthhall@tcnj.edu)
Courses: Sport & Exercise Psychology; Clinical Psychology; Personality, Theory and Research; Power, Oppression & Privilege; Independent Study/Internship Advisor, Counseling & Clinical Senior Field Study Seminar.
Research Interests: Privilege and oppression regarding race/ethnicity, gender, sexual orientation, & SES status, qualitative research, and sport and exercise psychology.

Dr. Art Hohmuth: (Office: SB 115; Phone: 609-771-2620; E-mail: hohmuth@tcnj.edu)
Courses: General Psychology; Abnormal Psychology; Personality, Theory and Research; Clinical Internships.
Research Interests: Supervision of student initiated internships in psychiatric hospitals and mental health day care facilities, and Supervision of internship staffing a crisis intervention hot line with Contact of Mercer County NJ Inc.

Dr. Margaret Ruddy: (Office: SB 119, Phone: 609-771-2630; E-mail: ruddy@tcnj.edu)
Courses: Clinical Psychopharmacology, Biopsychology, Research Seminar.
Research Interests: Temperament, imagination, and play in infancy and early childhood, Attention Deficit Hyperactivity Disorder and Psychopathology.
Lab: Infant and Child Studies Lab (http://psychology.department.tcnj.edu/research/infant.html)

Dr. Jeanine Vivona: (Office: SB 120; Phone: 609-771-2634; E-mail: jvivona@tcnj.edu)
Courses: Abnormal Psychology, Research Seminar, Clinical Psychology, Developmental Psychopathology, Collaborative Research, and Senior Topics Study Group.
Research interests: Attachment and autonomy in the transition to adulthood, Worry, Metaphor, Language and the psychotherapeutic process.

A partial sample of recent clinical/counseling internships

- Saint Francis Hospital Inpatient Psychiatric Unit
- Joseph Kohn Rehabilitation Center
- Womanspace of Trenton
- Mercer County Contact (Hotline)
- High Focus Centers (Adolescent Psychiatric Program)
- Eden institute
- University Medical Center at Princeton, eating disorders Unit
- Anchor House

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