# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>3</td>
</tr>
<tr>
<td>Department Mission Statement</td>
<td>3</td>
</tr>
<tr>
<td>Definition of Advising</td>
<td>3</td>
</tr>
<tr>
<td>Career Opportunities in Psychology</td>
<td>3</td>
</tr>
<tr>
<td>Department Advising Resources</td>
<td>4</td>
</tr>
<tr>
<td>How to Use the Guide</td>
<td>4</td>
</tr>
<tr>
<td>Recommended Course Sequence</td>
<td>5</td>
</tr>
<tr>
<td>Year 1</td>
<td>6</td>
</tr>
<tr>
<td>Year 2</td>
<td>7</td>
</tr>
<tr>
<td>Year 3</td>
<td>8</td>
</tr>
<tr>
<td>Year 4</td>
<td>9</td>
</tr>
<tr>
<td>Students’ Responsibilities in Advising</td>
<td>10</td>
</tr>
<tr>
<td>College-Wide Advising Resources</td>
<td>10</td>
</tr>
<tr>
<td>Center for Academic Success</td>
<td>10</td>
</tr>
<tr>
<td>Career Center</td>
<td>10</td>
</tr>
<tr>
<td>Medical Careers Advisory Committee</td>
<td>10</td>
</tr>
<tr>
<td>Counseling and Psychological Services</td>
<td>10</td>
</tr>
<tr>
<td>Pre Law Advisory Committee</td>
<td>11</td>
</tr>
<tr>
<td>Study Abroad</td>
<td>11</td>
</tr>
<tr>
<td>Tutoring</td>
<td>11</td>
</tr>
<tr>
<td>Psychology Undergraduate Bulletin</td>
<td>11</td>
</tr>
<tr>
<td>Course Registration Process</td>
<td>12</td>
</tr>
<tr>
<td>Program Planner Liberal Learning Requirements</td>
<td>13</td>
</tr>
<tr>
<td>Additional Programs of Study</td>
<td>14</td>
</tr>
<tr>
<td>Appendix I – Psychology Major Program Planner</td>
<td>15</td>
</tr>
<tr>
<td>Psychology Major Specializations</td>
<td>16</td>
</tr>
<tr>
<td>Appendix II – Department Directory</td>
<td>17</td>
</tr>
<tr>
<td>Appendix III – Campus Map</td>
<td>18</td>
</tr>
<tr>
<td>Notes</td>
<td>19</td>
</tr>
</tbody>
</table>
PSYCHOLOGY
FOUR-YEAR ADVISING GUIDE

Introduction

In order to gain the maximum benefit from your years at The College of New Jersey, you will need to use your time wisely. This Guide is intended to provide you with an action plan and information on academic and career resources for each of your four years at The College.

Students who take advantage of advising resources and opportunities are more likely to achieve their goals than students who do not. Through academic and career advisement at the departmental level, you will receive direction and guidance to help you make decisions about your academic goals at TCNJ and your plans for after graduation.

Department Mission Statement

The Psychology program is based on scientific and humanistic study of behavior and experience. Emphasis is placed on psychological principles and research methods, and on exploration of psychological approaches to various problems in the humanities, social sciences, and the life sciences. The program provides a sound basis for graduate or professional training in psychology and related fields, and provides an introduction to career opportunities in the human services, industry, merchandising, and health fields.

Definition of Advising

“Academic Advising is the process of helping students match The College’s resources to their needs and goals so that they get the maximum benefit from their college experience and, at graduation, are prepared for life after college. Academic advisors help students plan their academic careers through the creation of a partnership. This includes preparing for registration, resolving academic problems, and offering academic/educational advice. Academic advisors should also be able to assist students with planning for professional school applications. Also, academic advisors should listen carefully when personal problems are revealed and, when necessary, make referrals to the relevant office.” (A Plan to improve the Quality of Advisement at The College of New Jersey)

Career Opportunities Available as a Major in Psychology:

Examples of opportunities with a B.A. Degree include:
- Community and Social Services, e.g., Human Service Worker
- Scientific Research, e.g., Lab Research Assistant
- Human Resources, e.g., Training Coordinator
- Probation/Parole/Law Enforcement, e.g., Parole Officer
- Management, e.g., Banking, Sales, Public Relations

Examples of opportunities with an Advanced Degree include:
- Clinical/Counseling Psychology, e.g., Clinical Case Manager, Social Worker, Counselor, Clinical Psychologist
- Psychometrics, e.g., Statistical Assistant, Test Development Specialist
- Behavioral Neuroscience, e.g., Neuropsychologist
- Education, e.g., School Psychologist, Guidance Counselor, College Professor
- Organizational Psychology, e.g., Senior Associate Recruiter, Senior Compensation Officer
Advising Resources Provided by the Department

Faculty advisors in the Department of Psychology serve as academic resources and advise students about career opportunities, internship possibilities, and graduate and professional school applications. They help students gain maximum benefit from their years at The College and to prepare for life after graduation.

- Retention and Graduation – To graduate with a psychology major or double major, students must achieve the following requirements:
  - A Cumulative GPA of 2.0
  - A Grade of C+ or better in PSY 101 (General Psychology) and PSY 121 (Methods and Tools)
  - A Grade of C- or better in all psychology courses counted towards the major

- One advisor is assigned for the freshman year and a different advisor is assigned for the remaining years if a specialization is declared.

- Students can find their advisor on their PAWS webpage (log into my.tcnj.edu for the PAWS link). Prior to course registration each semester, sign up for an appointment with you advisor by selecting a meeting time on the schedule posted outside the faculty member’s office.

- Additional advising questions may be answered by going to the student resources link on the psychology department website: (http://psychology.department.tcnj.edu/StudentResources.html).

How to use The Guide

Several tasks have been delineated for each of your four years at The College. They should be viewed as guidelines; it is not mandatory for you to complete every task for every year. However, if you adhere closely to the suggestions as outlined, you will be better prepared to meet your short and long-term goals. Space has been provided for you to write the target and completed dates for each activity. Keep this Guide in an easily accessible place so that you may refer to it often.
**Recommended course sequence**

**First Year**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Course Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSP</td>
<td>First Seminar</td>
<td>1 course unit</td>
</tr>
<tr>
<td>PSY 096</td>
<td>Orientation to Psychology</td>
<td>0 course units</td>
</tr>
<tr>
<td>PSY 101</td>
<td>General Psychology</td>
<td>1 course unit</td>
</tr>
<tr>
<td>PSY 121</td>
<td>Methods and Tools of Psychology</td>
<td>1 course unit</td>
</tr>
<tr>
<td>WRI 102</td>
<td>Academic Writing (if not exempted)*</td>
<td>1 course unit</td>
</tr>
<tr>
<td>PSY</td>
<td>Choose one Foundation course</td>
<td>1 course unit</td>
</tr>
<tr>
<td>Foreign Language (if not exempted)*</td>
<td></td>
<td>2 course units</td>
</tr>
<tr>
<td>Liberal Learning (science: biology recommended)</td>
<td></td>
<td>1 course unit</td>
</tr>
</tbody>
</table>

*It is recommended that students exempted from these courses take other liberal learning courses.

**Total for year**

8 course units

If a student has earned transfer credit for PSY 101 (or its equivalent) or has earned a score of four or higher on the AP Psychology test, PSY 121 should be selected and an additional foundation course should be taken in the first year.

**Sophomore Year**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Course Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 097</td>
<td>Exploring the Psychology Major</td>
<td>0 course units</td>
</tr>
<tr>
<td>PSY 203</td>
<td>Design and Statistical Analysis</td>
<td>1 course unit</td>
</tr>
<tr>
<td>PSY 299</td>
<td>Research Seminar</td>
<td>1 course unit</td>
</tr>
<tr>
<td>PSY</td>
<td>Choose two Foundation courses</td>
<td>2 course units</td>
</tr>
<tr>
<td>Foreign Language (if not exempted)*</td>
<td></td>
<td>1 course unit</td>
</tr>
<tr>
<td>Liberal Learning courses</td>
<td></td>
<td>2-3 course units</td>
</tr>
<tr>
<td>Electives</td>
<td></td>
<td>1-2 course units</td>
</tr>
</tbody>
</table>

**Total for year**

8 course units

**Junior Year**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Course Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 098</td>
<td>Exploring the Psychology Profession</td>
<td>0 course units</td>
</tr>
<tr>
<td>PSY</td>
<td>Choose two Specialized courses</td>
<td>2 course units</td>
</tr>
<tr>
<td>PSY</td>
<td>Psychology Option</td>
<td>1 course unit</td>
</tr>
<tr>
<td>Liberal Learning courses</td>
<td></td>
<td>1-2 course units</td>
</tr>
<tr>
<td>Electives</td>
<td></td>
<td>3-4 course units</td>
</tr>
</tbody>
</table>

**Total for year**

8 course units

**Senior Year**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Course Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 099</td>
<td>Psychology Professional Seminar</td>
<td>0 course units</td>
</tr>
<tr>
<td>PSY</td>
<td>Choose one Specialized course</td>
<td>1 course unit</td>
</tr>
<tr>
<td>PSY</td>
<td>Senior Experience course</td>
<td>1 course unit</td>
</tr>
<tr>
<td>Liberal Learning courses</td>
<td></td>
<td>1-2 course units</td>
</tr>
<tr>
<td>Electives</td>
<td></td>
<td>4-5 course units</td>
</tr>
</tbody>
</table>

**Total for year**

8 course units
**YEAR 1**

- Meet with your advisor regularly. Advisors’ office hours are posted on their office doors. In addition to face-to-face meetings, you should stay in contact with your advisor via e-mail and/or by telephone.

Meetings with advisors can be used to:

- **Review academic progress**
- **Develop Goals**
- **Review choice of major; identify alternate or dual major; identify minor**
- **Understand how to read your program planner**
- **Learn how to Register for Classes**

- Complete FSP/First Seminar Program

- Find a mentor through the Psyd’kick program (an upperclassman who takes an interest in helping you develop into a successful professional; helps to socialize you into the culture of your discipline, and helps you prepare for life after college).

- Familiarize yourself with the Psychology Website ([http://psychology.department.tcnj.edu/](http://psychology.department.tcnj.edu/))

- Attend the Psi Chi “Faculty Meet and Greet” in the Fall

- Join and participate actively in the Psychology Club

- Attend department events, (Psychology Club, Psi Chi, departmental information sessions)

- Attend workshops on Library and Computing resources.

- Investigate national/international exchanges and study abroad opportunities.

- Attend department sponsored and campus-wide lectures.

- Attend College events, e.g. theater performances, concerts, lectures, trips, etc.

- Begin to gain a basic understanding of careers in psychology through exposure to career books and career services library

- Attend workshops offered by Career Services – e.g. “Exploring Majors for Culture and Society Majors Only”

- Develop an outline for your first resume and cover letter; visit The Career Center for assistance.

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“My community service experience gave me new insights into careers.”
Year 2

- Meet regularly with your advisor to:
  - Review academic progress
  - Review and revise goals
  - Discuss opportunities and apply for internships
  - Discuss opportunities for graduate/professional school

- Continue to become familiar with the psychology website. It is updated every semester with new courses, topics seminars, research and field study opportunities. ([http://psychology.department.tcnj.edu/specializedcourses.htm](http://psychology.department.tcnj.edu/specializedcourses.htm)).

- Explore eligibility for local, national and international grants/scholarships with faculty representatives.

- Continue and strengthen relationship with Psyd'kick mentor; find a mentor if you do not have one.

- Become a Psyd'kick mentor

- Identify faculty with whom you would like to collaborate/assist with research.

- Join the Psychology Club if you have not yet.

- Attend department sponsored seminars, symposia, workshops, etc.

- Apply to national/international exchanges and study abroad opportunities.

- Attend Psi Chi events such as the “Lab Info Session” or “Ask the Seniors”.

- If you qualify, apply for acceptance into Psi Chi: The National Honor Society in Psychology.

- Attend workshops presented by The Career Center e.g. “Experience Wanted – Exploring Internship Opportunities”.

- Register on Lionslink (an internship registry) online.

- Apply for leadership positions in a department / college club or organization, e.g. CA, Ambassador, Tutor, Lab Manager, etc.

- Investigate internships and/or summer jobs in area related to major

- Update resume or CV

- Attend College events, e.g. theater performances, concerts, lectures, trips, etc.

- Become familiar with standardized tests required for graduate/professional study

“My decision to study abroad during my sophomore year was one of the best decisions I could have made. I learned so much about myself, another language and culture.”
Year 3

- Meet with your advisor to:
  - Review academic progress
  - Review and revise goals
  - Identify graduate/professional schools for application
  - Develop job seeking strategies
  - Conduct pre-graduation review
  - Strengthen relationship with mentor
- Take specialized courses relevant to your major/focus area.
- Engage in research with a faculty member (especially if considering graduate school).
- Partake in exchange, study abroad, or international student teaching.
- Participate in internships in your major; use Lionslink through The Career Center or view internship listings on Department website: http://psychology.department.tcnj.edu/internships/index.html.
- Continue or assume a leadership position; get leadership experience
- Attend department-sponsored workshops.
- Continue to update your resume/CV.
- If you have not already done so, and your GPA permits, apply for acceptance into Psi Chi, The National Honor Society in Psychology.
- Attend College events, e.g. theater performances, concerts, lectures, trips, etc.
- Attend workshops offered by The Career Center: “How to Write an Effective Resume” “Applying to Graduate and Professional Schools” “Experience Wanted – Exploring Internship Opportunities”
- Attend Career and Internship Fairs sponsored by The Career Center
- Gather information about graduate/professional study.
- Prepare for/take graduate/professional exams, e.g. GRE, LSAT, MCAT, GMAT.
- Attempt to find a summer job that relates to your career interests.
- By the end of Junior year narrow down your career/graduate school preferences.

“I am confident that my research experience helped me gain admission to Graduate School.”
Meet regularly with your advisor and mentor to review:

- Academic progress
- Review and revise goals
- Identify graduate/professional schools for application
- Develop job-seeking strategies
- Conduct pre-graduation review

- Apply for Graduation
- Engage in research with a faculty member.
- Co-author a paper or present research findings at a professional Conference.
- Participate in an internship in your major.
- Apply to graduate or professional school.
- If applying to graduate school, begin working on your personal statement.
- Request letters of recommendation from faculty members allowing them ample time for completion.
- Update resume or CV
- Begin applying for jobs; Post resume on sites like Monster.com.
- Participate in on-campus Recruitment Program – register to interview in The Career Center.
- Attend Fall and Spring Career Day, job and interview fairs sponsored by The Career Center.
- Attend workshops sponsored by The Career Center: “Mock Interviews” “Electronic Job Search” “Making the Most of Career Day”
- Attend events or workshops hosted by the Psychology Club
- Attend events or workshops hosted by Psi Chi.
- Continue leadership position in department or college club/organization.
- Attend departmentally sponsored seminars, symposia, workshops, etc.
- Attend College events, e.g. lectures, concerts, theatre performances, trips, etc.
- Complete the online Senior Graduation Survey.

“It wasn’t until I went on grad school interviews that I realized how well I was trained in psychology.”
Students’ Responsibilities in Advising Relationships
The advice you seek is important in making your college career a profitable and efficient experience. You should meet with your advisor regularly and prepare questions and discussion topics. Do not rely on your advisor to anticipate your questions. Also, there are certain responsibilities that you have in the advising relationship:

1. Seek information in a timely fashion.
2. Be prepared with necessary document for advisement (e.g. program planners, Academic Advising Guide) and review course offerings prior to your meeting.
3. Seek career information
4. Be responsible for knowing how your major fits into your career/future goals.
5. Accept ownership of academic career: take responsibility for meeting all major and degree requirements
6. Inform advisor of any deviations from approved course schedule

College-Wide Advising Resources

- Center for Academic Success (CAS) - provides all students with access to academic assistance programs which strengthen academic performance and promotes student success and retention. For more information, please access the Center’s website: http://www.tcnj.edu/~cas The Center provides the following services:
  o Supplemental Academic Advisement
  o College Resources Advisement
  o College Transitional Assistance
  o Peer Mentoring
  o Student Leadership Development and
  o Developmental Workshops and Seminars

- The Career Center – offers a variety of services and programs designed to assist students with career planning. The career planning process begins early in a student’s undergraduate career. A staff of professional career counselors provides individual counseling sessions designed to assist students in identifying their interests, skills, and values. This initial self-assessment helps students choose appropriate academic majors and identify career options. Students are encouraged to explore career options and develop professional skills and are assisted in securing internships, externships, and summer employment. Students may also receive assistance in planning for graduate study. The Career Center’s website can be accessed at http://www.tcnj.edu/~career/

- Medical Careers Advisory Committee – offers extensive advisement to students who which to pursue careers in medicine, dentistry, pharmacy, optometry, podiatry, physical therapy, physician assistant and veterinary medicine. The committee assists students with the selection of courses to meet admission requirements of professional schools and with the selection of the best schools to meet the individual needs of the student. Assistance is also provided in preparing for professional school admission tests, in preparation and compilation of other materials required for the application, in preparing for interviews and in assembling financial aid information. The Medical Careers Advising Committee maintains a library of health-related professional school catalogs. Students interested in medical careers advisement should visit http://www.tcnj.edu/~biology/career/medadvisory.html

- Counseling and Psychological Services (CAPS) – Do you know how you intend to use the psychology major in a career? What personal talents and interests have guided your choice? If you are uncertain about your answers to these questions, you may be a candidate for career counseling, one of the many options available at The Counseling and Psychological Services Office, located in Eickhoff Room 107. Please visit their website at http://www.tcnj.edu/~sa/counseling/index.html for more information about the services and online resources. The Counseling and Psychological Services staff provides other counseling options along
with career counseling. These options include individual and group counseling, with the opportunity to address personal and emotional problems that may interfere with your academic work. All services are free and confidential.

- **Pre Law Advisory Committee** – offers pre-professional counseling in selection of courses to prepare for law school admission, choice of law schools, and preparation of applications for admission to law school. Available materials include a collection of law school catalogs, LSAT preparation materials, and other items of interest to pre-law students. The office is located in the Social Sciences Building Room 242. For more information contact: Dr. Daryl R. Fair, the Pre-Law Advisor at fair@tcnj.edu or visit the website: http://www.tcnj.edu/~culture/prelaw/resources.html

- **Study Abroad** – Psychology majors can greatly enrich their education by studying abroad for either a semester or a summer. The psychology curriculum is flexible enough that it is extremely straightforward to meet requirements even if a student studies abroad; however it is wise to think ahead and discuss this with your advisor as early in your college career as possible. Please visit the Global Programs website for more information: http://www.tcnj.edu/~goglobal/

- **Tutoring** - The Tutoring Center is located in Roscoe West Hall, Suite 101 and is open Monday-Friday during the day and on selected evenings as posted early in the semester. Information about services and schedules is available on the Tutoring Center web site: http://www.tcnj.edu/~tutoring

  **Obtaining the Services of a Tutor**
  The transition from high school to college presents many new challenges to first-year students. Sometimes, the difficulty can be resolved by consulting the instructor, but other times the problem may need regular, on-going assistance provided by the Tutoring Center. Through a variety of programs, the Center’s administrators and peer tutors help students appraise areas of difficulty and develop appropriate learning strategies to master needed content and skills. These programs include:
  - Supplemental Assistance groups in selected courses
  - Study Groups facilitated by tutors
  - Single-session Writing Conferences at any stage of an assignment
  - Online Writing Lab (OWL) for internet writing resources and email assistance with specific writing questions: http://owl.department.tcnj.edu
  - Tutoring, by-appointment, for course content
  - Drop-in tutoring in the Center

  **Becoming a Tutor**
  If you enjoy sharing your knowledge of psychology or any other area of study with others, consider becoming a tutor for the Tutoring Center. Working as a tutor carries several benefits. For further information, contact the Tutoring Center, Roscoe West Hall, Suite 101, ext. 2985, or go to the web site at http://www.tcnj.edu/~tutoring

- **Undergraduate Bulletin** – The Psychology Department Undergraduate Bulletin may be found by accessing the following link: http://www.tcnj.edu/~bulletin/current/Psychology.pdf
Course Registration Process

1. Visit the PAWS Tutorials for TCNJ Students website for complete information on how to log-in to PAWS using your username and password, search for classes, browse the Course Catalog, view your Holds, add courses to your Shopping Cart, and register for classes.
   http://www.tcnj.edu/~it/paws/students.html

2. **Students are required to meet with faculty advisors before registering.** Check your advisor in the PAWS Student Center.

3. To view the exact date and time you may register, visit the **Enrollment Appointment** section in the PAWS Student Center. Once eligible, students remain eligible to enroll throughout the registration period. For step-by-step instructions on viewing your Enrollment Appointment, visit:
   http://www.tcnj.edu/~it/paws/documents/enrollappt.pdf

   **Class Levels**
   - **Freshmen or First Year** 0.00–7.75 earned course units
   - **Sophomore or 2nd Year** 8.00–15.75 earned course units
   - **Junior or 3rd Year** 16.0–23.75 earned course units
   - **Senior or 4th Year** 24.0+ earned course units

4. **Check PAWS for any HOLDS** that will prevent you from registering. If there is a hold on your account, resolve the matter prior to your Enrollment Appointment. For the description of holds, access the following website: http://www.tcnj.edu/~recreg/policies/holdflags.html

   **Note – For transfer students ONLY**, an advising hold will be placed on your record for your first semester ONLY to ensure that you meet with your advisor. This hold will be removed during your advising session.

5. **Search for Classes and Fill Your Shopping Cart.** The Schedule of Classes is available on PAWS. Prepare for registration week by adding courses to your Enrollment Shopping Cart prior to your enrollment appointment. For instructions on how to use your Enrollment Shopping Cart, go to:
   http://www.tcnj.edu/~it/paws/documents/ShoppingCart_000.pdf

6. **Check for Pre-requisite Issues.** You can see if you have met enrollment requirements prior to your enrollment time. The new Validate feature (available in your Shopping Cart) alerts you to any requisite issues that may prevent you from enrolling in a class. For quick tips on using the Validate feature, visit:
   http://www.tcnj.edu/~it/paws/documents/validate.pdf

   Resolve Requisite Issues before Registration. If the Validate feature identifies a potential requisite issue, and you are confident that the requisite was met, contact the Office of Records and Registration for assistance.

7. You will receive an e-mail from your advisor to sign up for a meeting time to discuss course registration for the following semester.
   a. Sign-up sheets will be located outside your advisor’s office.

8. For the meeting with your advisor, bring with you the following items:
   a. Program Planner (indicating courses already taken)
   b. PAWS printout of your selected courses for the upcoming semester (Shopping Cart)
Program Planner Liberal Learning Requirements

1. Intellectual and Scholarly Growth/Proficiencies (3 courses)
   a. IDS 102 - [http://www.tcnj.edu/~liblinks/](http://www.tcnj.edu/~liblinks/) - All students are required to complete an online Library tutorial within the first quarter of the Fall semester. This is mandatory and a requirement for graduation.

   b. WRI 102/Academic Writing - [http://www.tcnj.edu/~writing/students/placement/index.html](http://www.tcnj.edu/~writing/students/placement/index.html) - If you have SAT scores of 580 or above in BOTH Math and Reading, or if you have a score of 4 or higher in an AP Literature or History exam, you do NOT have to take WRI 102.

   c. FSP/First Seminar Program - [http://www.tcnj.edu/~liberal/fsp/index.html](http://www.tcnj.edu/~liberal/fsp/index.html) - All freshman will be required to complete an FSP. Please do not attempt to change your FSP as it is linked to your housing assignment.

2. Civic Responsibilities - [http://www.tcnj.edu/~liberal/courses/civic.html](http://www.tcnj.edu/~liberal/courses/civic.html)
   All students will be responsible for fulfilling the Civic Responsibilities requirements, i.e: Community Engaged Learning, Gender, Global Perspective and Race & Ethnicity.

3. Broad Sectors of Human Inquiry (9 courses) - [http://www.tcnj.edu/~liberal/courses/index.html](http://www.tcnj.edu/~liberal/courses/index.html)
   Every student will need to take 3 courses in Arts and Humanities, 3 courses in Social Sciences & History and 3 courses in Natural Sciences & Quantitative Reasoning, to equal 9 courses in Liberal Learning.
   a. A list of courses that fulfill liberal learning categories may be found at: [http://www.tcnj.edu/~liberal/totallist.html](http://www.tcnj.edu/~liberal/totallist.html)

   b. Freshmen Seminars often count for one of the liberal learning distribution areas. Check the specific seminar course number to see which requirements it fulfills: [http://www.tcnj.edu/~liberal/courses/seminar.html](http://www.tcnj.edu/~liberal/courses/seminar.html)

   b. Interdisciplinary Concentrations: If you are considering Liberal Learning Option A (Designated Interdisciplinary Concentrations) or Option B (Self-Designated Interdisciplinary Concentrations), visit the Interdisciplinary website to find out more information [http://www.tcnj.edu/~liberal/concentrations/index.html](http://www.tcnj.edu/~liberal/concentrations/index.html)

4. Second Language (0-3 courses based on placement)
   Freshman and Transfer students, who studied a language in high school and/or College, and plan to continue that language at TCNJ, must take the TCNJ Placement Test. Students who received a score of 650 or higher on the SAT II test are exempt from a second language and should forward those test results directly to Records and Registration. For information on placement testing, please contact Modern Languages at (609) 771-2235 or to access the placement test, please visit the following link: [www.tcnj.edu/~regist/placement/](http://www.tcnj.edu/~regist/placement/)

5. Transfer Information:
   a. Transfer students with fewer than 32 credits (or 8 units) have no liberal learning requirements waived and need to take an FSP class. Transfer students with 32 credits or more (or more than 8 units) have all civic responsibilities waived and do not need to take an FSP class.

   b. Transfer students with Associates Degrees – all liberal learning and foreign language requirements are waived (Column 2 on the Program Planner).
Additional Programs of Study

1. Declaring a Specialization within Psychology
   a. Declaration of a specialization is **optional**. After successful completion of PSY 101 (C+ or better) and PSY 121 (C+ or better), students may select a specialization. Generally, students are encouraged to take Foundation courses in their area(s) of interest.
   b. **When?** Students may declare a specialization after the successful completion of PSY 121. Students should investigate the different specializations in their first 2 years by doing the following: attending talks, enrolling in foundation courses, attending information sessions, accessing the department website, reading specialization information sheets (available online), and through informal discussions with faculty and students.
   c. **How?** Specialization Declaration sheets are available online:
      Complete the form, obtain your advisor’s signature and return the form to our secretary in the front office. A new advisor affiliated with the specialization will be assigned to you. Check PAWS.

2. Double Majors
   a. Students declaring a double major need to submit a “Change of Major/Second Major” form ([http://www.tcnj.edu/~recreg/forms/index.html](http://www.tcnj.edu/~recreg/forms/index.html)) to the “second major” department. An advisor from each department will be assigned to the student. The student is required to schedule an appointment with advisors in both areas during the registration period.
   b. Students with a second major need to only complete two courses each in the three broad sectors of human inquiry. Additional details may be found at [http://www.tcnj.edu/~liberal/define.html](http://www.tcnj.edu/~liberal/define.html) (scroll down to Option A).
   c. What major the student declares as their “first major” will also influence liberal learning requirements, as some majors require a foreign language and others do not.

3. Minors
   All minor declarations must be submitted at least one semester before graduation. Failure to complete your minor requirements prior to your last semester may result in graduation delays.
   a. Minor declaration forms are available on the following website:
      [http://www.tcnj.edu/~recreg/forms/index.html](http://www.tcnj.edu/~recreg/forms/index.html)
   b. A listing of all minors and associated program planners may be found by accessing the following website: [http://www.tcnj.edu/~recreg/programplanners/minors/index.html](http://www.tcnj.edu/~recreg/programplanners/minors/index.html)
   c. Requirements for a Psychology minor are available at:
      [http://psychology.department.tcnj.edu/academics/minor.html](http://psychology.department.tcnj.edu/academics/minor.html)

4. Transfer Students
   a. **Please make sure to forward transcripts ASAP to ensure all transfer credits are applied and AA is confirmed** (if applicable).
   b. Students entering from a 2-year institution can transfer 64 credits; those from a 4-year institution may transfer 80.
   c. Transfer students must take WRI 102 unless they have taken **TWO, 3-credit** college-level composition courses at their previous institution (or **ONE, 4-credit** course). They may also be exempt from WRI 102 with SAT scores of 580 or more in both Math and Reading, or a score of 4 or higher in an AP Literature or History exam. **Transfer students cannot take the Writing Exemption and Placement Exam.**
Appendix I – PSYCHOLOGY Major Program Planner
(This guide helps students understand graduation requirements – it is not a binding document/contract)

Psychology Major Requirements

Major Core
1. PSY 101 General Psychology
2. PSY 121 Methods & Tools
3. PSY 203 Design & Statistical Analysis
4. PSY 299 Research Seminar

Note. We require that these be completed consecutively in the first four semesters.

Foundation Courses (200-level courses):
5. [Select]
6. [Select]
7. [Select]

Note. Either ECE 201, ELE 201, SPE 203 or NUR 110 can count as PSY 220 a foundation course. However, a student cannot count BOTH PSY 220 and the equivalent (ECE 201, ELE 201, SPE 203 or NUR 110) toward the psychology major/minor.

Specialized Courses (300- or 400-level courses):
8. PSY ***
9. PSY ***
10. PSY ***

Note. Only 3 ELOPsy courses (PSY 390, 492, 396, 397, 399, 499, 393, 493) may count towards major; One may count as the Psychology Option. A maximum of two may be applied to combined areas of Specialized Courses and Senior Experience.

Senior Experience (400-level course):
11. PSY 4**

Psychology Option (200-level or above):
12. PSY ***

Major Advising Course (no credit):
☐ PSY 096 – first year
☐ PSY 097 – second year
☐ PSY 098 – third year
☐ PSY 099 – fourth year

Specialization (optional – see back for more details):
[Select]

Note. Students must complete and submit a form to declare a specialization (see department webpage).

General Graduation Requirements:
☐ Cumulative GPA of 2.0
☐ Grade of C+ or better is required in PSY 101 and PSY 121.
☐ Grades of C- or better is required in all major courses.
☐ A minimum of 7 Psychology courses must be completed at TCNJ
☐ Completed 32 total course units (128 credits)

Liberal Learning Requirements

 Intellectual and Scholarly Growth:
☐ IDS 102 – tutorial http://www.tcnj.edu/~liblinks/
1. WRI 102 ☐ Exempt WRI 102 /
2. FSP FSP *** /

Second Language Proficiency
Proficiencies: Course/Semester
1. 101 /
2. 102 /
3. 103 /

Note. Courses must be in the same language.

Civic Responsibilities:
1. Community Engaged Learning /
2. Gender /
3. Global Perspectives /
4. Race & Ethnicity /

Broad Sectors of Human Inquiry:
Arts & Humanities
1. Literary, Visual, and Performing Arts /
2. World Views and Ways of Knowing /
3. Option (either category) /

Social Science & History:
1. Social Science PSY 101
2. Social Science PSY 121
3. History HIS ***

Natural Science and Quantitative Reasoning
1. Quantitative Reasoning PSY 203
2. Natural Science (w/ lab) /
3. Option (either category) /

Writing Intensive
1. Freshman Seminar FSP
2. Major 1 PSY 299
3. Major 2 PSY 4**

Free Electives
As many courses to fulfill the 32 course unit (128 credit) graduation requirement. Second major and minor classes will fall into this category.

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester/Yr</th>
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<th>Semester/Yr</th>
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Psychology Major Specializations
(Optional areas of focus within the psychology major)

All specializations require some specialized courses and a senior experience that are relevant to the area of study. Depending upon your specific interests/goals, some courses not listed here may count for a specialization with advisor or Departmental approval. For more detailed information (indicated by *), descriptions and other information, please visit the psychology department webpage or see your advisor.

**Biopsychology (B) Requirements**

Foundation courses:
1. PSY 212 – Biopsychology
2. PSY 214 – Cognitive Psychology
   OR
   PSY 213 – Learning & Memory

Specialized courses:
2 Biopsychology approved courses

Additional Course Requirements
2 Biology courses*
1 Philosophy course*

**Cognitive (C) Requirements**

Foundation courses:
PSY 214 – Cognitive Psychology
PSY 213 – Learning & Memory

Specialized courses:
1 Cognitive approved course*

Additional Course Requirements
1 course outside the Psychology major *

**Counseling & Clinical (CC) Psychology Requirements**

Foundation courses:
PSY 216 – Personality Theory & Research
PSY 217 – Abnormal Psychology

Specialized courses:
3 Counseling & Clinical approved courses

Additional Requirement - field experience in a Clinical Setting (as a 300 or a 400 level course)

**Developmental (D) Psychology Requirements**

Foundation courses:
PSY 220 – Development Across the Lifespan

Specialized courses:
1 Developmental Seminar (PSY 370)
2 Developmental approved courses

**Industrial/Organizational (IO) Psychology Requirements**

Foundation courses:
PSY 267 – Organizational Psychology

Specialized courses:
PSY 364 – Industrial Psychology
Research course or Internship
1 Approved course

Additional Course Requirements
ACC 201 - Financial Accounting
Business Course*
Economics course*

Additional Requirement – Computer Proficiency*

**Social (S) Psychology Requirements**

Foundation courses:
PSY 218 – Power, Oppression, and Privilege

Specialized courses:
3 Social approved courses

**Specialization Pre-approved Courses** (this is a partial list; please see webpage for updates)

PSY 303 - Advanced Behavioral Statistics (CC/IO/S)
PSY 311 - Sensation and Perception (B/C)
PSY 312 - Psychology and Art (C)
PSY 316 - Applied Behavior Analysis (C/CC)
PSY 331 - Clinical Psychology (CC)
PSY 335 - Developmental Psychopathology (CC/D)
PSY 338 - Sport & Exercise Psychology (CC/S)
PSY 340 - Health Psychology (B/CC)
PSY 342 - Clinical Psychopharmacology (B/CC/D)
PSY 343 - Behavioral Pharmacology of Drug Abuse (B/CC/D)
PSY 346 - Cognitive Neuroscience (B/C)
PSY 348 - Emotion (C/CC/S)
PSY 350 - Psychology of Women (CC/D/S)
PSY 354 - Self and Identity (CC/S)
PSY 361 - Seminar in Interviewing (CC/S)
PSY 365 - Consumer Psychology (IO*)
PSY 366 - Personnel Selection & Placement (IO)
PSY 383 - Counseling & Clinical Field Study Seminar (CC)
PSY 385 - Seminar in Applied Psychology (IO)
PSY 386 - Psychological Testing (C/CC/D/IO/S)

**Specialization Seminars** - some may count for more than one specialization depending on the topic. See your advisor or the webpage for details.

PSY 370 - Developmental Seminar (D)
PSY 371 - Cognitive Seminar (C)
PSY 373 - Counseling & Clinical Seminar (CC)
PSY 374 - I/O Psychology Seminar (IO)
PSY 375 - Social Psychology Seminar (S)

**ELOPsy Courses** - Any of the following courses may count as a 300-level specialization course if it is approved by your advisor or the Department.

PSY 390 - Collaborative Learning
PSY 391 – Independent Study
PSY 393 – Independent Research
PSY 396 - Honors Thesis I
PSY 397 - Instructional Internship
PSY 399 - Internship
Appendix II - Psychology Department Faculty and Staff Directory

<table>
<thead>
<tr>
<th>Full-Time Faculty</th>
<th>Ext.</th>
<th>E-mail Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Tamra Bireta</td>
<td>3069</td>
<td><a href="mailto:tbireta@tcnj.edu">tbireta@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Ashley Borders</td>
<td>2291</td>
<td><a href="mailto:borders@tcnj.edu">borders@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. He Len Chung</td>
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<tr>
<td>Dr. Jarret Crawford</td>
<td>2117</td>
<td><a href="mailto:crawford@tcnj.edu">crawford@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Jason Dahling</td>
<td>2582</td>
<td><a href="mailto:dahing@tcnj.edu">dahing@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Lisa Grimm</td>
<td>2787</td>
<td><a href="mailto:grimm@tcnj.edu">grimm@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. James Graham</td>
<td>2638</td>
<td><a href="mailto:jgraham@tcnj.edu">jgraham@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Ruth Hall</td>
<td>2643</td>
<td><a href="mailto:ruthhall@tcnj.edu">ruthhall@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Arthur Hohmuth</td>
<td>2620</td>
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</tr>
<tr>
<td>Dr. Julie Hughes</td>
<td>2430</td>
<td><a href="mailto:jhughes@tcnj.edu">jhughes@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Chu Kim-Prieto</td>
<td>2695</td>
<td><a href="mailto:kim@tcnj.edu">kim@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Jean Kirnan</td>
<td>2637</td>
<td><a href="mailto:jkirnan@tcnj.edu">jkirnan@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Andrew Leynes (Chair)</td>
<td>2624</td>
<td><a href="mailto:leynes@tcnj.edu">leynes@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Margaret Martinetti</td>
<td>2640</td>
<td><a href="mailto:martinet@tcnj.edu">martinet@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Margaret Ruddy (Asst Chair)</td>
<td>2630</td>
<td><a href="mailto:ruddy@tcnj.edu">ruddy@tcnj.edu</a></td>
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<tr>
<td>Dr. John Ruscio</td>
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<td><a href="mailto:ruscio@tcnj.edu">ruscio@tcnj.edu</a></td>
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<tr>
<td>Dr. Jeanine Vivona</td>
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<td><a href="mailto:jvivona@tcnj.edu">jvivona@tcnj.edu</a></td>
</tr>
<tr>
<td>Dr. Shaun Wiley</td>
<td>2645</td>
<td><a href="mailto:swiley@tcnj.edu">swiley@tcnj.edu</a></td>
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<thead>
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<tr>
<td>Mrs. Brunelle Tomsky</td>
<td>2427</td>
<td><a href="mailto:brunelle.tomsky@tcnj.edu">brunelle.tomsky@tcnj.edu</a></td>
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<tbody>
<tr>
<td>Ms. Nadirah Shakir</td>
<td>2544</td>
<td><a href="mailto:nshakir@tcnj.edu">nshakir@tcnj.edu</a></td>
</tr>
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**Psychology Department Main Office:** Social Sciences Building, Room 109  
Main Office 2485 psycdept@tcnj.edu

**Psychology Department Homepage:** [http://psychology.department.tcnj.edu](http://psychology.department.tcnj.edu)
Appendix III  
Building Abbreviations and Campus Map

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Building Name</th>
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<tbody>
<tr>
<td>AH</td>
<td>Armstrong Hall</td>
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<tr>
<td>BB</td>
<td>Business Building</td>
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<tr>
<td>BI</td>
<td>Biology Building</td>
</tr>
<tr>
<td>BL</td>
<td>Bliss Hall</td>
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<tr>
<td>FH</td>
<td>Forcina Hall</td>
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<tr>
<td>HH</td>
<td>Holman Hall</td>
</tr>
<tr>
<td>KE</td>
<td>Kendall Hall</td>
</tr>
<tr>
<td>LH</td>
<td>Paul Loser Hall</td>
</tr>
<tr>
<td>MB</td>
<td>Music Building</td>
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<tr>
<td>PA</td>
<td>Packer Hall</td>
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<tr>
<td>RC</td>
<td>Student Recreation Center</td>
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<td>SB</td>
<td>Social Sciences Building</td>
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<tr>
<td>SCC</td>
<td>Science Complex - Chemistry</td>
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<tr>
<td>SCP</td>
<td>Science Complex - Physics</td>
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<tr>
<td>TH</td>
<td>Travers Hall</td>
</tr>
<tr>
<td>WH</td>
<td>Wolfe Hall</td>
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![Campus Map](image-url)